

Zesty Veggie



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- **Roasted Vegetables:** Toss with veggies with olive oil before roasting.
- **Grilled Vegetables:** Sprinkle on veggies before grilling.
- **Sautéed Vegetables:** Use when sautéing veggies.
- **Steamed Vegetables:** Season steamed veggies after cooking.
- **Vegetable Soups and Stews:** Add to vegetable-based soups and stews to enhance their flavor profile.
- **Stir-Fries:** Add into vegetable stir-fries for an extra layer of flavor. It pairs well with soy sauce and other Asian-inspired ingredients.
- **Salads:** Sprinkle on fresh salads, with robust vegetables like cucumbers, tomatoes, and bell peppers.
- **Vegetable Casseroles:** Use in casseroles like vegetable lasagna, or potato gratin. It enhances the overall flavor.
- **Vegetable Dips:** Mix into Greek yogurt, sour cream, or hummus for a flavorful dip. It pairs well with raw vegetables or pita chips.
- **Rice and Grain Dishes:** Add to rice, quinoa, or couscous cooked with vegetables. It enhances the flavor of both the grains and the vegetables.
- **Stuffed Vegetables:** Season the filling for stuffed peppers, zucchini, or tomatoes with Zesty Veggie.
- **Pasta Dishes:** Incorporate into vegetable-based pasta sauces or toss it with pasta and roasted vegetables for a simple, flavorful dish.
- **Vegetable Chips:** Sprinkle on vegetable chips made from kale, sweet potatoes, or zucchini before baking.
- **Vegetable Kebabs:** Season veggies before threading them onto skewers and grilling.
- **Salmon, Chicken & Pork:** Season and cook, serve over rice or quinoa.